



Full Multi-Disciplinary Team (MDT) Review Meeting

Terms of Reference

1. Background:

The Full Multi-Disciplinary Team (MDT) Review Meeting is convened to comprehensively review and assess the care and support provided to [Resident's Name], currently residing in [Name of Nursing Home].

The purpose of this meeting is to facilitate collaboration among health and social care professionals to evaluate specific aspects of the resident's care or conduct a holistic review of their overall health and well-being.

2. Frequency

A Full MDT review meeting is convened when there are matters to discuss and/or review that require the input of all the Health and Social Care professionals involved in a residents care, the resident (or their representative) and any other individuals who may be able to offer assistance to the process.

Where possible this should be independently chaired by somebody not involved in the day to day care, or will be part of the general discussion in the meeting.

3. Purpose:

To review and assess [Resident's Name]'s health and social care needs across various domains, including medical, nursing, therapeutic, and social aspects.

To identify any challenges, improvements, or adjustments needed in the resident's care plan or support strategies.

To facilitate integrated care planning and decision-making among all involved professionals.

To involve the resident (if possible), their family members, and/or Relevant Persons Representative (if applicable) in the review process.

To document the findings and recommendations for optimizing the resident's care and support based on the MDT review.

4. Scope:

Review specific aspects of the resident's care, such as medication management, mobility, nutrition, psychological well-being, and/or any other identified areas.

Conduct a comprehensive assessment of the resident's overall health and social care needs, considering their current health status and any changes since the last review.



Evaluate the effectiveness of current interventions, therapies, and care plans in meeting the resident's needs.

Address any concerns or challenges raised by the resident, family members, or care providers regarding the resident's care and support.

5. Participants:

Resident: [Name of Resident]

Family Members or Representatives: [Names of Family Members or Representatives]

Nursing Home Staff: [Names and Roles]

General Practitioner (GP) or Medical Doctor: [Name and Role]

Registered Nurses: [Names and Roles]

Social Worker/Care Coordinator: [Name and Role]

Therapists (e.g., Occupational Therapist, Physiotherapist): [Names and Roles]

Mental Health Professionals (if involved): [Names and Roles]

Any other relevant health and social care professionals directly involved in the resident's care and support.

6. Objectives:

To conduct a collaborative assessment of the resident's health and social care needs to ensure holistic and person-centred care planning.

To review and adjust care plans, interventions, and support strategies based on the MDT's assessment and recommendations.

To ensure continuity and integration of care across all disciplines involved in the resident's care.

To establish clear communication channels for sharing assessment outcomes, recommendations, and next steps with the resident, family members, and care team.

7. Meeting Logistics:

Date: [Scheduled Date of the Meeting]

Time: [Scheduled Time of the Meeting]

Location: [Meeting Venue]

Chairperson: [Name and Role of the Chairperson]

Agenda: A structured agenda will be circulated prior to the meeting, outlining topics for discussion, time allocations, and objectives.

8. Documentation:

Meeting minutes will be recorded to document discussions, decisions made, and actions agreed upon during the Full MDT Review Meeting.

A comprehensive review report will be prepared summarizing the findings, recommendations, and any action plans resulting from the MDT review.



Copies of the minutes and review report will be distributed to the resident, family members, Relevant Persons Representative (if applicable), healthcare providers, and maintained in the resident's care records.

This Terms of Reference template provides a structured framework for conducting a Full Multi-Disciplinary Team (MDT) Review Meeting to assess the care and support provided to a resident in a nursing home. It ensures comprehensive evaluation across various domains of care, collaboration among diverse professionals, and clear documentation of outcomes and recommendations to enhance the resident's overall well-being and quality of life. Adjustments can be made based on specific local policies, procedures, and the unique care needs of the resident.